

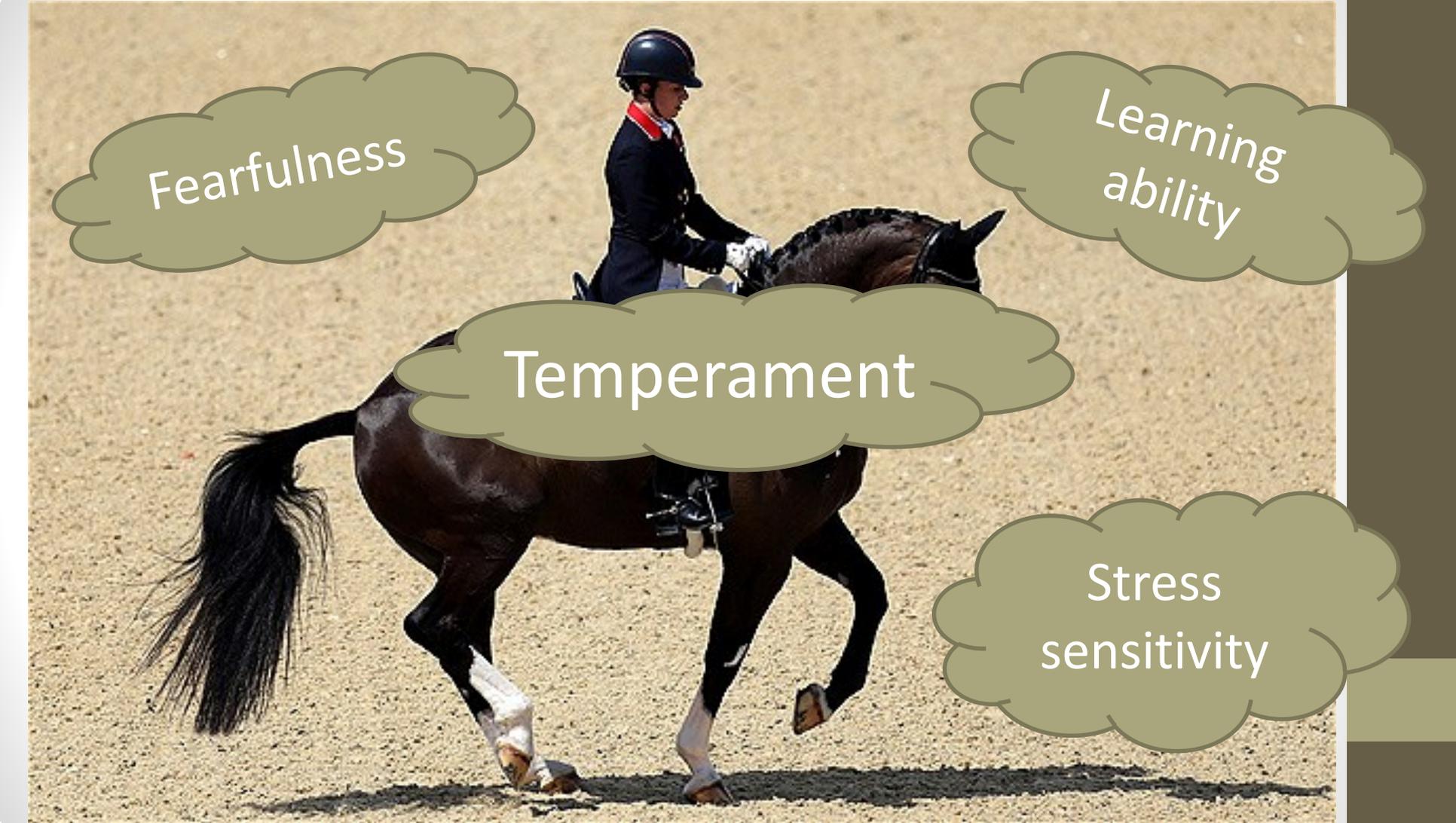
# Maternal transmission of behaviour



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A photograph of a rider in formal dressage attire, including a dark jacket, white breeches, and a helmet, riding a dark brown horse in a dressage arena. The horse is captured in a collected movement, possibly a piaffe or passage. The arena floor is light-colored sand. Four thought bubbles are overlaid on the image, each containing a term related to equine behavior and training. The largest bubble is in the center, and the others are positioned around it.

Fearfulness

Learning  
ability

Temperament

Stress  
sensitivity

# What determines foal temperament?

1. Genetic effects
2. Pre-natal effects (during pregnancy)
3. Post-natal effects (after birth):
  - i. Maternal care
  - ii. Social transmission

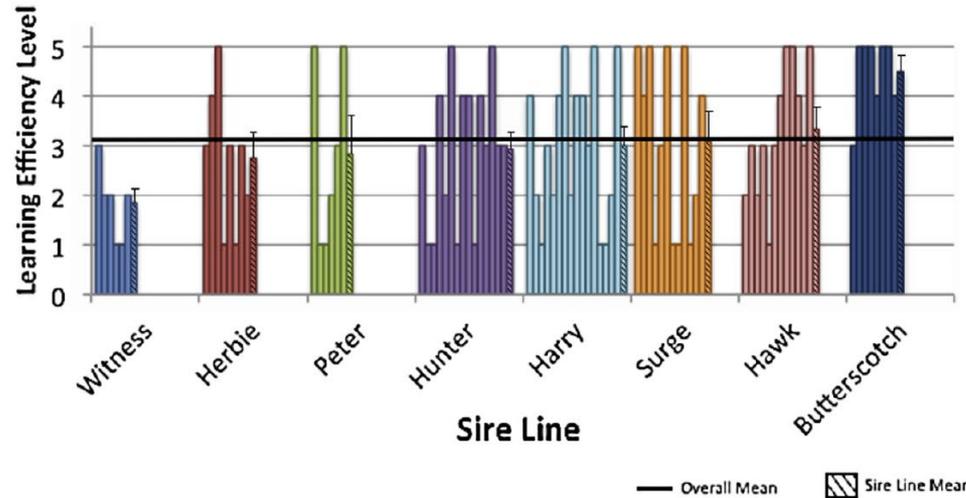


Learning, performance and the link to stress sensitivity and fearfulness



# Genetic effects

- The stallion may have some influence on learning ability in the foal



**Fig. 3.** Learning efficiency levels of individuals representing eight sire lines. Diagonally striped bar at right of each sire line cluster represents mean (SE) learning efficiency level of that sire line. Bold horizontal line represents overall mean for these 83 subjects. SE, standard error.

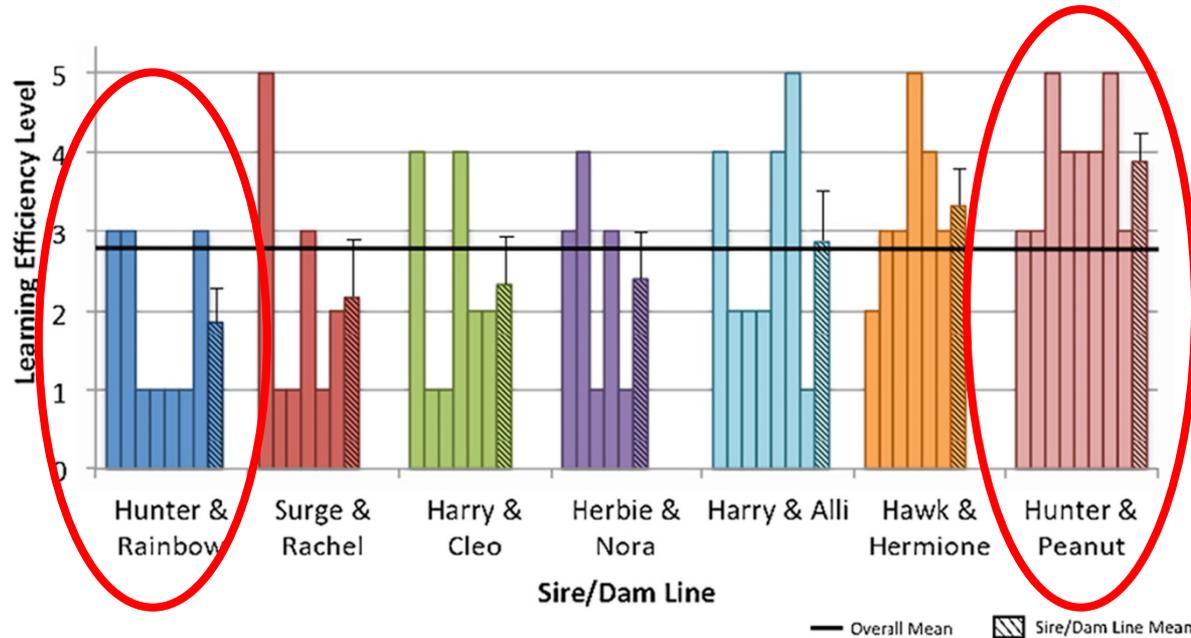
Bonnell & McDonnell, 2016: [Stallion and mare](#)

Wolff & Hausberger, 1996: [Stallion](#)

Andiano & McDonnell, 2017: [\(Stallion\)](#)

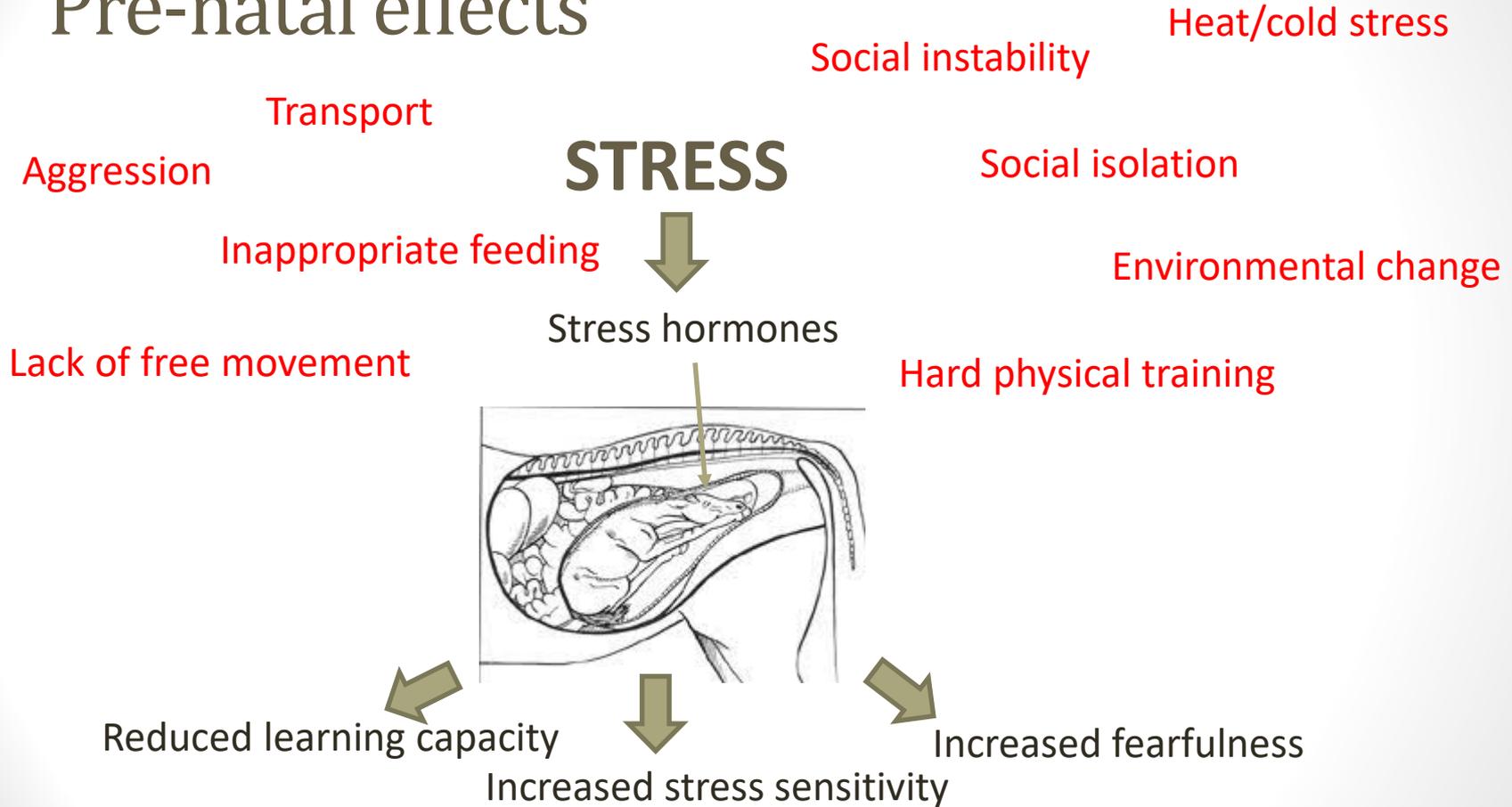
Hausberger et al., 2004: [Stallion effect on fear but not learning](#)

# Genetic effects



- Which foster mother would you use?

# Pre-natal effects



# Post-natal effects



- Maternal care can change the activity of genes

Good learning ability  
Low fear  
More social  
Low stress sensitivity

## Good Mothering

A good rat mother licks and grooms her pups. She gives them extra space to suckle against her underside.



## Bad Mothering

A bad rat mother barely licks her pups and provides almost no tactile stimulation.

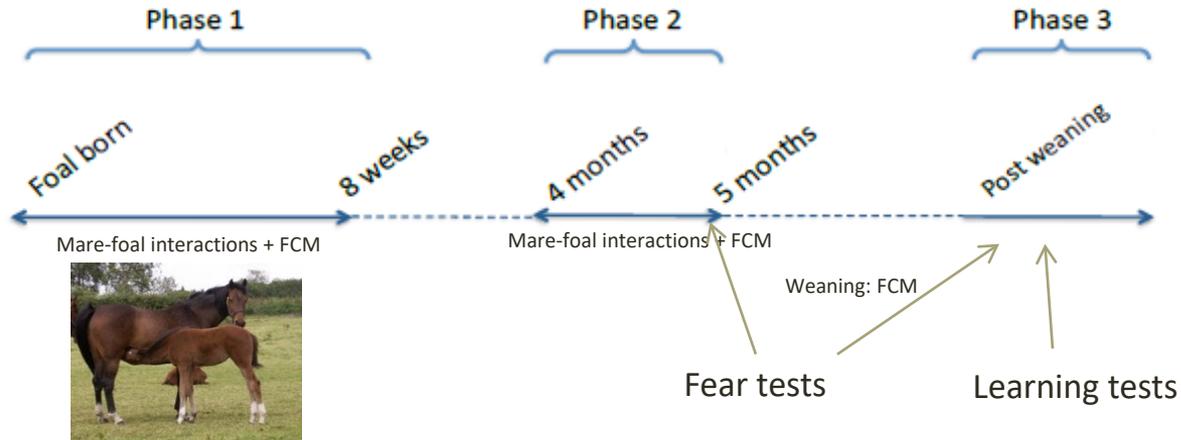


Poor learning ability  
High fear  
Less social  
High stress sensitivity



# Research project on mares and foals

- 3-yr research project on maternal influence on development of fearfulness, stress sensitivity and learning ability in foals



- 70 mare-foal pairs (5 studs)

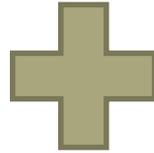


# Post-natal effects

- The mare does not only influence the foal through maternal care but also through her reactions in various situations (social transmission)



# Handling of the mare



15 min/day for five days after foaling



vs. no handling (control)

Same experiment at 6 months:  
Effect of mare handling is less pronounced  
(Henry et al., 2006)



# Habituation of the mare

- 28 mare-foal pairs in three studs



# Demonstration for foals in the DEMO group (balanced for stud and foal sex)

Week 1-7 (10 min/week)



Demonstration for 'DEMO' foals

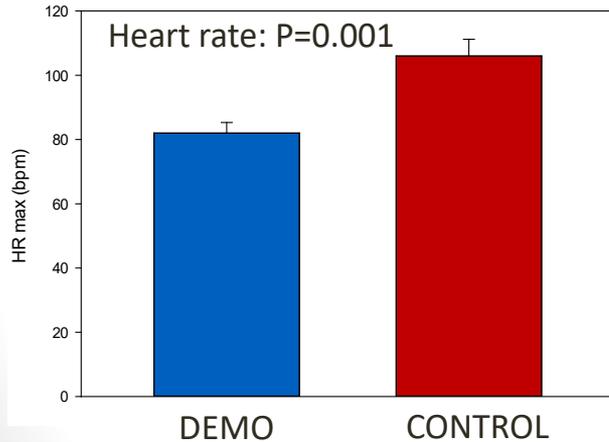


# Tests

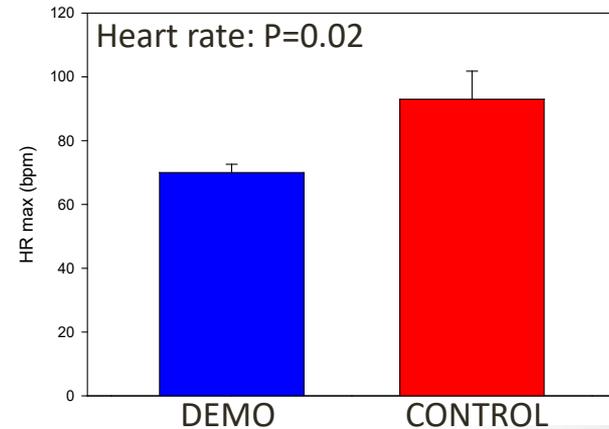
- Foals were tested in four fear tests at 8 and 20 weeks
- No training week 8-20



**8 weeks:** DEMO foals less fearful in all four tests

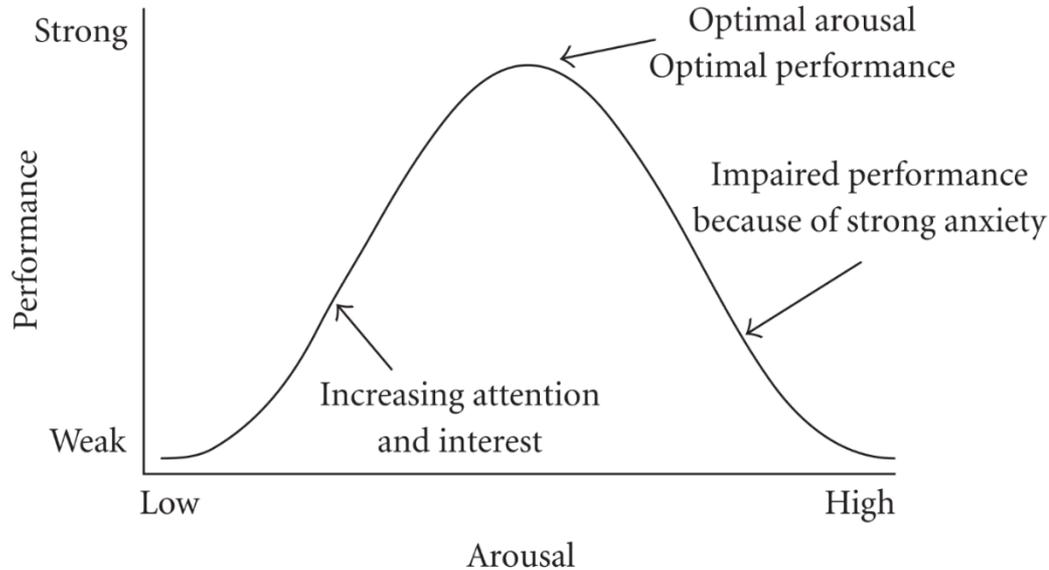


**20 weeks:** DEMO foals less fearful in all three tests!



# Performance is linked to fearfulness/stress

- Yerkes-Dodson Law



- Nervous horses had lower performance in a novel/stressful environment  
(Christensen et al., 2012; Valenchon et al., 2013)

# How is learning measured?

- Correlation between assessment by professional riders and test results on fearfulness and learning abilities
- Tests typically use positive reinforcement
- Negative reinforcement is often used in horse training



# Development of new learning test

- Based on NEGATIVE REINFORCEMENT







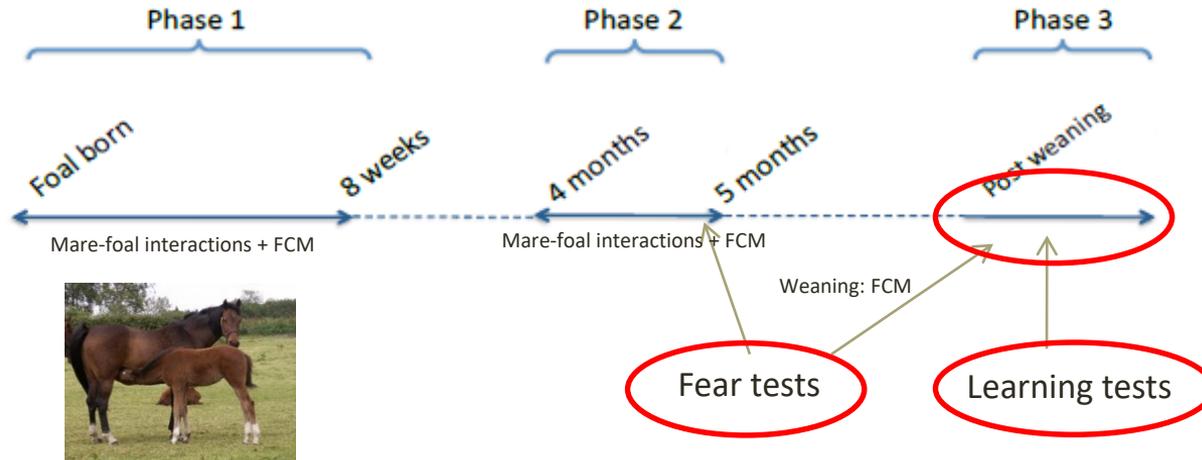


# The link between fear and learning



# Materials og metoder

- 3-yr research project on maternal influence on development of fearfulness, stress sensitivity and learning ability in foals



- 70 mare-foal pairs (5 studs)

# Fear tests (novel object test)

NOT1



NOT2



**Recordings:** Heart rate (HR), latency to eat, alertness and exploratory behaviour

# Same reaction in the two tests

- E.g. HR:  $r=0.86$ ,  $P<0.001$  and duration of object manipulation (sec):  $r=0.40$ ,  $P=0.007$



# Learning tests

- Visual discrimination (10 position switches)



# Lerning tests

- Negative reinforcement (10 repetitions)

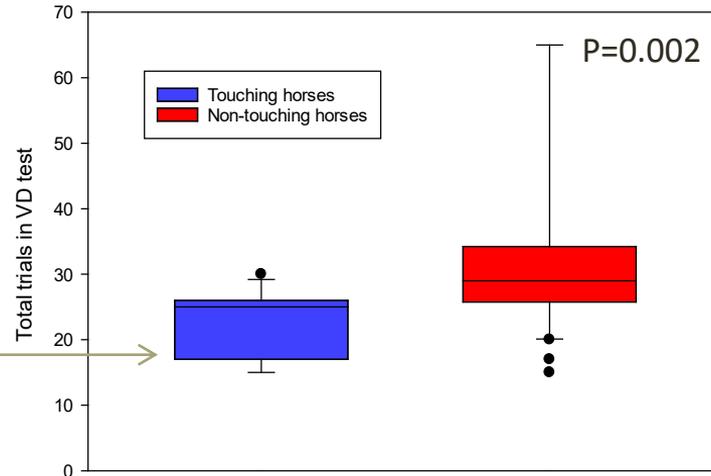


**Recordings:** Median force (N) and slope

(Validated in Ahrendt et al., 2015)

# Curious horses had the best performance in both learning tests!

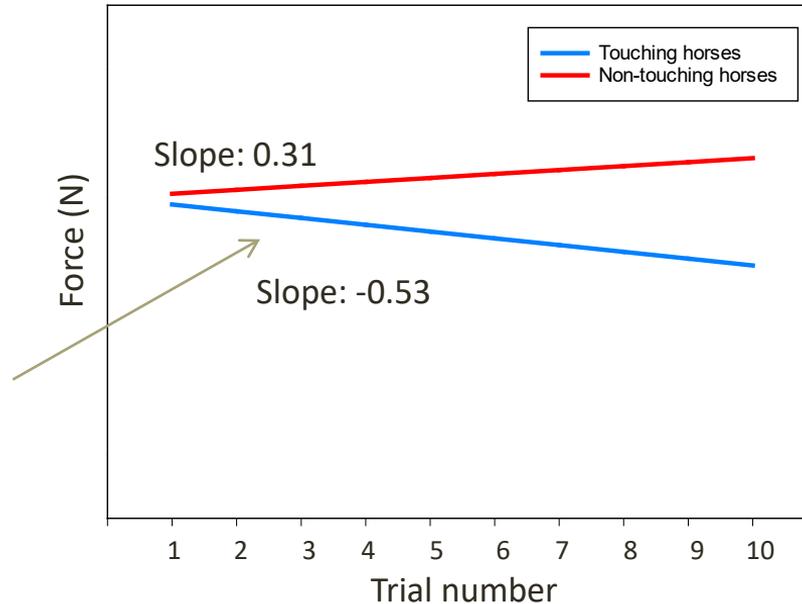
- Horses that touch the objects make fewer errors in the Visual Discrimination test (figure)
- The longer the duration, the better the performance (total trials,  $r = -0.49$ ,  $P = 0.001$ )



# ... also in the Negative Reinforcement test



- Horses that touch the objects perform better in the NR test (figure)
- The longer the duration of touching, the better performance (slope:  $r = -0.41$ ,  $P = 0.007$ )



# Conclusion

- Fearfulness correlates between test situations
- Curiosity/exploratory behaviour is linked to learning
- Same reaction at 5 months and 1 year of age



# Summary

- Choose foster mothers with care!
- Avoid stress for the pregnant mare
- Good maternal abilities can increase learning ability and decrease fearfulness and stress sensitivity in the foal
- Remember gentle handling of the mare in the post-natal period
- Remember to let the mare show the foal that various situations are safe
- The more curious the foal, the better its learning ability



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